

Welcome  
to



THE LXXXVIII OLYMPICS



## THE LXXXVIII OLYMPICS

Olympian: \_\_\_\_\_ Level: \_\_\_\_

INDIVIDUAL EVENT	Date	Medal
Workout Marathon		
Repertoire Race		
Terms & Symbols Match		
Note Knowledge Dash		
Scales & Their Keys Contest		
Chord & Interval Challenge		
Bass-a-thon		

As a team member you can earn all 7 of these individual medals throughout the year AND have your total number of workouts and total number of medals contribute toward a team total.

Level 3 students must complete Level 1-Level 3.  
Level 2 students must complete Level 1 & Level 2  
Level 1 students just have to complete Level 1

Level 1 and 2 students may also earn the level above, after earning their gold medal, but will receive points instead of an additional medal.

\*\*\*This sheet will be in your child's binder. \*\*\*



TF

# INDIVIDUAL EVENTS

Olympian:

INDIVIDUA

Workout

Repertoire

Terms & S

Note Kno

Scales &

Chord &

Bass-a-thon

- **Level assigned by teacher**
- **Can earn 7 Individual Gold Medals**  
**Wear at Closing Ceremony Recital**
- **All-Around Gold Medals**  
**First to earn all gold medals.**  
**First to earn Workout Marathon medal.**



# TEAM MEDALS

- Team's Number of Workouts Completed
- Team's Number of Individual Medals Earned
- Team medals will be awarded at the Closing Ceremony Recital in May

Chord & Interval Challenge		
Bass-a-thon		

If you want to be GOOD, practice until

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The LXXXVIII Olympics

Student Resources

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# MEDAL COUNT

Last Updated: 8/31/15



## THE LXXXVIII OLYMPICS

**TEAM  
BEETHOVEN**



0

**TEAM  
BACH**



0

**TEAM  
MOZART**



0

If you want to see the individual medal progress of each team, click on the CURRENT MEDAL COUNT button at the bottom of Home page.

THE LXXXVIII OLYMPIC TRAINING

CURRENT MEDAL COUNT

# WORKOUT MARATHON

## Complete 100 Workouts

**A goal not written  
is only a wish.**

Olympian...

### INDIVIDUAL EVENT

Workout Marathon

Repertoire Race

Terms & Symbols Match

Note Knowledge Dash

Scales & Their Keys Contest

Chord & Interval Challenge


Bass-a-thon

# WORKOUT MARATHON

## Complete 100 Workouts

Olympia

INDIV  
Work  
Rep  
Term  
Note  
Scal  
Cho  
Bass

<b>Date:</b>	<b>WORKOUT-</b> complete <i>everything</i> in this list each workout
	<div data-bbox="585 575 1321 822" data-label="Text"> <p>This block will contain all assignments for EACH workout. Unless otherwise instructed, each assignment should be completed in every workout (daily practice).</p> <p>Normally the instructions will be different each week if the instructions are being followed correctly in practices.</p> </div>
	<div data-bbox="585 925 1321 1039" data-label="Text"> <p>This block will contain assignments to help the student earn an Individual Event medal. These assignments may include using one of the training tools on my website.</p> </div>
<b>Goal:</b>	<b>Track:</b> 1 2 3 4 5 6 ← 7
Set a Goal:	Today after your lesson set a goal number of workouts for the week.
Track Your Progress:	Each time you complete one full workout, cross off a number (1-7).
Record Results:	A parent must initial this each week for credit towards medals and points.

- \*\*\*PLEASE\*\*\***
1. Set the Goal on lesson day
  2. Record the Progress each day
  3. Parent's Signature the last day

If the student has marked off 5 workouts, as in this example, a parent should initial over the number 6.

Please follow these instructions EACH week.

# REPERTOIRE RACE

## Learn 3 pieces by Team Composer

Olympiad... \_\_\_\_\_

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These will not be masterpieces and will take about a month to learn, each.



# TERMS & SYMBOLS MATCH

Olympian: \_\_\_\_\_

## INDIVIDUAL EVENT

Workout Marathon

Repertoire Race

Terms & Symbols Ma

Note Knowledge Da

Scales & Their Keys C

Chord & Interval Cho

Bass-a-thon

## TERMS & SYMBOLS MATCH

Recognize and define the following terms and symbols.  
Pages 2-4 contain the symbol/term names and their definitions.

### Level 1

Treble Clef  
Bass Clef  
Flat  
Sharp  
Natural  
Forte  
Piano  
Barline  
Quarter Note  
Half Note  
Dotted Half Note  
Whole Note

### Level 2

Crescendo  
Diminuendo  
Staccato  
Repeat  
Mezzo Piano  
Mezzo Forte  
Ritardando  
Quarter Rest  
Half Rest  
Whole Rest  
Eighth Rest  
Eighth Note  
Tie

### Level 3

Accent  
Arpeggio  
Pianissimo  
Fortissimo  
Sixteenth Note  
Sixteenth Rest  
Da Capo  
dal Segno  
Segno  
Coda  
Largo  
Adagio  
Andante  
Moderato  
Allegro  
Presto

This list, with a definition of each, is available under the Olympic Requirements tab in the Terms & Symbols Match training.

# NOTE KNOWLEDGE DASH

Olympian: \_\_\_\_\_ Level: \_\_

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Level 1 – Learn (name and play) all Anchor Notes.  
Level 2 – Level 1 + all notes from Anchor G to Anchor F  
Level 3 – All notes from Low-Low C to High-High C.

# SCALES & THEIR KEYS

Olympian: \_\_\_\_\_ Level: \_\_

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Level 1 – Recognize key signature and play scales with 0-1 flats/sharps.  
Level 2 – Level 1 + 2 flats/sharps  
Level 3 – Level 2 + 3-4 flats/sharps

# CHORD & INTERVAL CHALLENGE

Olympia

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Level 1 – Play I-IV-V7 chords for their level of scales.

Recognize intervals 2<sup>nd</sup>-5<sup>th</sup>

Level 2 – Same as Level 1 for chords, intervals 2<sup>nd</sup>-octave

Level 3 – Same as Level 2 (but for the additional scales)

# BASS-A-THON

Olympian: \_\_\_\_\_

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Bass-a-thon

Level 1 – 2 songs played with solid/lullaby/broken

Level 2 – 4 songs played with solid/lullaby/broken/Alberti

Level 3 – 4 songs played with solid/lullaby/broken/Alberti and 5 additional basses of their choice.

# ONLINE TRAINING



## THE LXXXVIII OLYMPICS

Note Knowledge Dash

Scales & Their Keys Contest

Term & Symbol Match

Chord and Interval Challenge

Bass-a-Thon

## Piano with Lisa

\*\*\*THE MOST IMPORTANT PAGE \*\*\*

PLEASE BOOKMARK/FAVORITE/ETC this page so that the students can regularly use these training tools. Access it by clicking the Olympic Training Link on the Home Page.

THE LXXXVIII OLYMPIC TRAINING

CURRENT MEDAL COUNT

# LET THE GAMES BEGIN



# THE LXXXVIII OLYMPICS

# **TEAM BEETHOVEN**



**AUDREY**

**BECCA**

**CHLOE**

**DAPHNE**

**EMMA**

**HAILEY**

**LUCY**

**MARY DREW**

**RAYNE**



# **TEAM BACH**



**ANTHONY**

**BROCK**

**CALEB**

**DENA**

**PETER**

**ROBERTO**

**SPENCER**

**TROY**

# **TEAM MOZART**



**ALLISON**

**ALEX**

**ANDREW**

**ETHAN**

**GRACE**

**HALEY**

**HAZEL**

**MADDIE**

**MIA**